



Dr. Benjamin Israel is an Assistant Professor at the University of Maryland School of Medicine, Department of Psychiatry. He works at a variety of clinical sites focused on consultation-liaison psychiatry, emergency psychiatry, and addictions medicine. Dr. Israel runs a trauma-focused outpatient community psychiatry clinic within the University's Division of Addictions Research and Treatment. The clinic is actively expanding its implementation of trauma-informed care as part of a grant-funded quality improvement and research initiative, for which Dr. Israel is co-Principal Investigator. Dr. Israel is the lead author of a recent critical review exploring trauma-responsive addictions treatment and clinic management. He teaches and supervises psychiatry and psychotherapy trainees at all levels. He also sees private psychotherapy patients, most of whom suffer with complex posttraumatic and dissociative syndromes. Dr. Israel has presented to professional audiences locally, nationally, and internationally on the diagnosis and treatment of complex posttraumatic syndromes. He has developed and led workshops on trauma tailored for medical providers who are not mental health or trauma specialists. Previously, Dr. Israel worked at the Trauma Disorders Program at Sheppard Pratt Hospital, where he functioned as a psychiatrist, psychotherapist, clinical supervisor, and Service Chief. Dr. Israel graduated from the University of Pittsburgh School of Medicine and completed residency training at the University of Maryland / Sheppard Pratt combined residency program in Baltimore. He is board certified in adult psychiatry. He lives in Baltimore, Maryland, with his wife and their two sons.