

#### Maryland Addiction Consultation Service 1-855-337-MACS (6227) www.MarylandMACS.org

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# Expanding Access To "Medication Assisted Treatment" for Opioid Use Disorders to Patients in the Hospital





#### Christopher Welsh M.D.

Associate Professor Department of Psychiatry University of Maryland School of Medicine





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- Terms
- Epidemiology
- History of treatment of Opioid Use Disorder
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### **Confusing Terms**

- Addiction
- Dependence/Dependency/Substance Dependence
- Use
- Misuse
- Abuse
- Risky/At-risk Use
- Problematic Use
- Non-medical Use
- Non-prescribed Use
- Illicit Use
- Illicit Use of a Licit Substance
- Healthy Experimentation



#### **Other Terms** LOSER JUNKIE DRUGGIF **Dope Fiend** USER Alchie **SWAF** shooter DRUNK WINO Dirty Injector









"Go ahead ... treat me like dirt."







National Institute on Drug Abuse



#### **Opioid Involvement in Cocaine Overdose**





\* REVITAR 30

lational Institute

on Drug Abuse



Number of Deaths Involving Cocaine in Combination with Non-Methadone Opioid Synthetics



Source: National Center for Health Statistics, CDC Wonder

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#### Intoxication Deaths by Selected Substances<sup>1</sup>, Maryland, 2007-2017.



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#### NATIONAL RATE OF OPIOID-RELATED INPATIENT STAYS AND EMERGENCY DEPARTMENT VISITS, 2005-2014





#### RATE OF OPIOID-RELATED EMERGENCY DEPARTMENT VISITS BY STATE, 2014



#### RATE OF OPIOID-RELATED INPATIENT STAYS BY STATE, 2014





# **PEOPLE CAN CHANGE**





# **PEOPLE CAN CHANGE**





# **ADDICTION** IS **TREATABLE!!!**



# Maintenance Medications For OUD

- FDA Approved
  - Methadone (Methadose; Dolophine)
  - Buprenorphine(Suboxone; Suboxone Film; Subutex;
    Bunavail; Zubsolv; Sublocade)
  - Naltrexone (Trexan; Vivitrol)
- Experimental/Not Approved
  - Ibogaine
  - Heroin
  - Hydromorphone



#### "I received a note from her when she had used this. She was much encouraged and had ordered two pounds more... I saw her recently when she assured me that she had no desire for morphine."



Dr. W.H. Bentley

Detroit Therapeutic Gazette, 1880 (about a woman for whom he prescribed one pound of

for morphine addiction)







#### YOU NEED NOT PAY ONE CENT UNTIL CURED.

Patients visiting the Magnetic Springs Sanitarium for treatment for the liquor habit or any drug habit are not required to pay one cent until satisfied in their own mind that they are cured. In case of failure to effect a cure in any case we agree to refund all railway fares from the place of, residence to Eureka Springs and return, and charge nothing for the treatment. The Sanitarium is a handsome and commedious building with every modern improvement and convenience. A competent staff of physicians is always in attendance under the direction of Dr. G. A. Beed, President of the Sanitarium. Full information concerning the treatment, termis, etc., can be obtained by addressing

#### MAGNETIC SPRINGS SANITARIUM C. A. REED, M. D., Medical Director, Box 616, EUREKA SPRINGS, ARKANSAS,









# **Opioids and the Law**

- Harrison Narcotics Act (1914)
- Comprehensive Drug Abuse Prevention & Control Act of 1970 (Controlled Substances Act) (1970)
- Narcotic Addict Treatment Act (1974)
- Drug Addiction Treatment Act of 2000 (DATA 2000)
- Comprehensive Addiction & Recovery Act (CARA)(2016)



#### The Harrison Narcotics Act (1914)





#### "The shallow pretense that drug addiction is "a disease" which the specialist must be allowed to "treat," which pretended treatment consists of supplying victims with the drug has caused their physical and moral debauchery..."

**American Medical Association** 

Report of the Committee on the Narcotic Drug Situation, 1920



# 111111 U.S. PUBLIC HEALTH SERVICE HOSPITAL 934 1.4.2.4 LEXINGTON, KY.

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A Clinical Trial With Methadone Hydrochloride

Vincent P. Dole, MD, and Marie Nyswander, MD

A group of 22 patients, previously addicted to diacetylmorphine (heroin), have been stabilized with oral methadone hydrochloride. This medication appears to have two useful effects: (1) relief of narcotic hunger, and (2) induction of sufficient tolerance to block the euphoric effect of an average illegal dose of diacetylmorphine. With this medication, and a comprehensive program of rehabilitation, patients have shown marked improvement; they have returned to school, obtained jobs, and have become reconciled with their families. Medical and psychometric tests have disclosed no signs of toxicity, apart from constipation. This treatment requires careful medical supervision and many social services. In our opinion, both the medication and the supporting program are essential.

The question of "maintenance treatment" of addicts is one that is often argued but seldom clearly defined. If this procedure is conceived as no more than an unsupervised distribution of narcotic drugs to addicts for self-administration of doses and at times of their choosing, then few physicians could accept it as proper medical practice. An uncontrolled supply of drugs would trap confirmed addicts in a closed world of drug taking, and tend to spread addiction. This procedure certainly would not qualify as "maintenance" in a medical sense. Uncontrolled distribution is mentioned here only to reject it, and to emphasize the distinction between distribution and medical prescription. The question at issue in the present study was whether a narcotic medicine, prescribed by physicians as part of a treatment program, could help in the return of addict patients to normal society.

No definitive study of medical maintenance has yet been reported. The Council on Mental Health of the American Medical Association, after a thor-

From the Rockefeller Institute, and Manhattan General Division of Beth Israel Hospital, New York. Reprint requests to Rockefeller Institute, New York 10021 (Dr. Dole). ough review of evidence available in 1957.' concluded that "The advisability of establishing clinics or some equivalent system to dispense opiates to addicts cannot be settled on the basis of objective facts. Any position taken is necessarily based in part on opinion, and on this question opinions are divided." With respect to previous trials of maintenance treatment, the Council found that "Assessment of the operations of the narcotic dispensaries between 1919 and 1923 is difficult because of the paucity of published material. Much of the small amount of data that is available is not sufficiently objective to be of great value in formulating any clear-cut opinion of the purpose of the clinics, the way in which they operated, or the results attained." No new studies bearing on the question of maintenance treatment have appeared in the eight years since this report was published. Meanwhile, various medical and legal committees have called for additional research.2

#### See also page 673.

The present study, conducted under the auspices of the departments of health and hospitals, New York city, has yielded encouraging results; patients who before treatment appeared hopelessly addicted are now engaged in useful occupations and are not using diacetylmorphine (heroin). As measured by social performance, these patients have ceased to be addicts. It must be emphasized that this paper is only a progress report, based on treatment of 22 patients for periods of 1 to 15 months. Such limited study obviously does not establish a new treatment for general application. The results, however, appear sufficiently promising to justify further trial of the procedure on a larger scale.

#### Procedure

The patients admitted to the program to date were men, aged 19 to 37, "mainline" diacetylmorphine users for several years with history of failures

80



## Comprehensive Drug Abuse Prevention and Control Act of 1970

- "Controlled Substances Act"
- Effectively replaced all previous laws dealing with "narcotic"/dangerous drugs
- Established a commission on marijuana and substance use disorders.
- Divided drugs into 5 "schedules"





## Comprehensive Drug Abuse Prevention and Control Act of 1970

- Generally, there are 2 requirements that a practitioner must meet if they wish to "administer or dispense directly ... a narcotic drug listed in any schedule to a narcotic dependent person for the purpose of maintenance or detoxification treatment . ."
  - 1. Practitioner must be separately registered with the DEA as a narcotic treatment program.
  - 2. Practitioner must be in compliance with DEA regulations, including those for treatment qualifications, security, records, and unsupervised use of the drugs
  - 2 exceptions



### **Relief of Acute Withdrawal Exception**

- The "3-day rule" provides an exception to the CSA.
- Title 21 C.F.R.§ 1306.07
- allows a physician to "administer (but not prescribe) narcotic drugs to a person for the purpose of relieving acute withdrawal symptoms when necessary while arrangements are being made for referral for treatment. However, the prescriber may not administer more than one day's medication at one time and such treatment may not last for more than 3 days; no renewals or extensions of that period are permitted."
- Applies in out-patient and Emergency Department settings



### **Incidental Adjunct Exception**

- The "adjunct rule" provides an exception to the CSA.
- Title 21 C.F.R.§ 1306.07
- allows "a physician or authorized hospital staff to administer or dispense narcotic drugs in a hospital to maintain or detoxify a person as an incidental adjunct to medical or surgical treatment of conditions other than addiction, or to administer or dispense narcotic drugs to persons with intractable pain in which no relief or cure is possible or none has been found after reasonable efforts."
- Unclear if this applies in the Emergency Department setting
- Generally does not apply in sub-acute hospital setting

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#### Narcotic Addict Treatment Act (1974)

- Primarily spells out requirements for methadone programs
- Added a provision for "Use of narcotic drugs in hospitals":
  - "For hospitalized patients, the use of a narcotic drug for narcotic addict treatment may be administered or dispensed only for detoxification treatment....This does not preclude the maintenance treatment of a patient who is hospitalized for treatment of medical conditions other than addiction and who requires temporary maintenance treatment during critical period of his or her stay or whose enrollment in a program which has approval for maintenance treatment using narcotic drugs has been verified."



#### Narcotic Addict Treatment Act (1974)

 Any hospital which already has received approval under this paragraph may serve as a temporary narcotic treatment program when an approved treatment program has been terminated and there is no other facility immediately available in the area to provide narcotic drug treatment for the patients.



### **Drug Abuse Treatment Act Of 2000**

Section 3502 of The Children's Health Act of 2000 Schedule III, IV, and V medications\* (Buprenorphine) approved for detoxification and maintenance

Allows:

<u>physicians</u> to <u>prescribe</u> (in office-based setting) & <u>pharmacists</u> to <u>dispense</u> "narcotics", specifically buprenorphine, to treat opioid addiction

\*does not apply to methadone or other opioids that are Schedule II



#### Comprehensive Addiction & Recovery Act (CARA) 2016

Allows:

Nurse practitioners and physicians assistants to prescribe buprenorphine (requires extra training)

Allows certified addiction specialists to treat 275 patients at a time (with extra reporting requirements)

#### MACS Full Agonist Activity Levels





### **Partial Agonist Activity Levels**




### **Antagonist Activity Levels**









Rx only Multi-Dose Vial

PC3353F

Rx only Multi-Dose Vial











# Opioid Use Disorder Management Applied Across Different Hospital Settings



# **Med/Surg Hospitalization**

- Identifying patients with opioid use disorder can be an initial barrier to care.
- Identifying withdrawal
  - Clinical Opioid Withdrawal Scale, the Subjective Opioid Withdrawal Scale and the Objective Opioid Withdrawal Scale.
- Choosing how to treat withdrawal should consider
  - The patient's preference for MAT
  - Potential adverse effects (QTc prolongation; drug-drug interaction)
  - Availability for follow-up
- Initiation of opioid agonist therapy during an acute hospital admission reduces AMA discharges and increases chances of transition to long-term outpatient addiction treatment.





<u>J Community Hosp Intern Med Perspect</u>. 2014; 4(2): 10.3402/jchimp.v4.22902. Published online 2014 Apr 14. doi: <u>10.3402/jchimp.v4.22902</u> PMCID: PMC3992357 PMID: 24765257

### Buprenorphine Outpatient Outcomes Project: can Suboxone be a viable outpatient option for heroin addiction?

Charmian D. Sittambalam, MD," Radhika Vij, MD, and Robert P. Ferguson, MD

Author information 
Article notes 
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Disclaimer

This article has been cited by other articles in PMC.

Abstract	Go to: (
Abstract	

#### Background

Opioid dependence treatment traditionally involves methadone clinics, for which dispensing schedules can be cumbersome. Buprenorphine, a partial agonist of the mu receptor and antagonist of the kappa receptor, is a potential outpatient alternative to methadone. Funded by a grant from the State of Maryland's Community Health Resources Commission (CHRC), the Buprenorphine Outpatient Outcomes Project (BOOP) evaluates the outcome of Suboxone (buprenorphine/naloxone) treatment on abstinence from heroin use, rates of emergency room visits and hospitalizations, legal issues, and quality of life.

#### Methods

Go to: 🕑

Go to: 🗹

Active heroin users were recruited between June 2007 and June 2010 and induction therapy with Suboxone was instituted during hospitalization. Once discharged, patients were followed as outpatients for maintenance treatment and counseling. Data were collected from electronic medical records, Maryland state legal records, and SF-36<sup>®</sup> Health Surveys regarding several parameters and patients were categorized according to duration of treatment with Suboxone into one of three groups: <1 month, 1–3 months, and >3 months.

#### Results



### **Hospital Buprenorphine Induction**

- 220 patients enrolled
- 38% remained in treatment for 1 month, 17% for
   > 3 months
- During the year following enrollment compared to the year prior to enrollment:
  - ED visits decreased by 23%
  - Hospitalizations decreased by 45%



# **Med/Surg Hospitalization**

- Pain Management
- If the patient's future plans include buprenorphine
  - Short acting opioids alone
  - Buprenorphine +/- short acting (given buprenorphine's high affinity it mostly blocks other opioids)
  - Split Buprenorphine to TID
- If patient's future plans include methadone maintenance
  - Initiate methadone (or cont if already on) +/- additional short-acting opioids titrated to pain.
  - Split the patient's daily methadone dose into TID



# **Buprenorphine & Pain**

- In-patient
  - the CSA exception allows any opioid to be used.
- Out-patient
  - The formulations FDA approved for treatment of OUD can be used off label for the management of pain.
  - The formulations FDA approved for treatment of pain can not be used to treat OUD (per DATA 2000)



## Vignette #1

- CJ is a 28yo female with a hx of opioid use d/o, and cocaine use d/o who presents to the ED with chest pain, fever and chills.
- She reports she "speedballs" around \$100/day and has for past 4-5 years. In this time she has not had more than a day of abstinence and experiences significant withdrawal symptoms. She has never been on maintenance treatment. Her last use of heroin was minutes before coming to the hospital.
- She is found to have bacterial endocarditis and is being admitted to the hospital for 6 weeks of IV antibiotics. She will likely go to a sub-acute nursing facility (SNF)



# SNFs

- AKA:
  - Sub-acute Nursing Facilities
  - Skilled Nursing Facilities
  - Long-term Care Facilities
  - Nursing homes
  - "rehabs" (not the SUD treatment kind)
- SNFs traditionally do not fall under the "adjunct exception."
  - Murky DEA status



## Vignette #2

- 54 y.o. female
- Admitted to hospital for pneumonia
- No significant Medical Hx; denies other meds
- Reports being on methadone 40mg/day for past 3 years; receives 13 "take-homes"
- Clinic is called and confirms the dose & that patient received 13 "take-homes" 3 days prior
- Medical team starts patient on 40mg/day
- Following day, patient is sedated with slowed respirations & constricted pupils





# **Psychiatric Hospitalization**

 Substance use disorders are DSM identified disorders, however, patients do not typically meet criteria for inpatient psychiatry units for SUD alone

– Varies by state

Many patients have co-morbid SUD with their other psychiatric illnesses

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## Vignette #3

- BT is a 57 yo CM with hx of MDD and OUD, admitted to psychiatry after a suicide attempt by overdose on heroin/fentanyl (patient had some hypoxic brain injury).
- Patient was treated with SSRIs and underwent ECT. He agreed to "MAT" and was started on Suboxone, titrated to 12mg daily.
- Aftercare placement was very difficult. After several weeks, he was accepted at a recovery house program but they did not accept patient's on Suboxone. He underwent a Suboxone taper prior to discharge.



### NALTREXONE





## Vignette #4

- RM is a 50 y.o. male with hx of Schizophrenia admitted for worsening psychosis.
- Also with hx of heroin use disorder; on methadone 100mg daily
- His Quetiapine is increased over several days from 300mg to 600mg qhs
- Begins to experience lightheadedness, palpitations and has an episode of syncope
- QTc is found to be 610msec



## **Emergency Department**

### • SBIRT alone is not generally effective for drugs

- need a treatment approach that utilizes early initiation of pharmacotherapy in combination with psychosocial approaches.
- ED initiated buprenorphine treatment can result in significantly decreased opioid use, increased engagement in outpatient substance abuse treatment, and decreased use of inpatient addiction services.
- Several "Models"



# Yale ED-Initiated Bup Study

- 3 Groups
  - ED-initiated buprenorphine (BUP) w/ 3-day prescription and referral to primary care buprenorphine provider
  - Brief intervention (BI) and facilitated referral to drug treatment
  - Simple referral (REF) to drug treatment
- Engagement in treatment at 30 days
  - BUP Group 78%\*
  - BI Group 45%
  - REF Group 37%
- Self-Reported Illicit Opioid Use (days per week)
  - BUP Group 5.4 to 0.9\*
  - BI Group 5.6 to 2.4
  - REF Group 5.4 to 2.3
- Urine Toxicology Negative for Opioids at 30 days
  - BUP Group 58%
  - BI Group 43%
  - REF Group 54%

\*statistically significant 1644

D'Onofrio, et al. JAMA; 2015 313(16): 1636-



### ED-Initiated Buprenorphine Baltimore City (2/17-4/18)

Buprenorphine Data	Hospital	Hospital	Hospital	Hospital	Hospital	Hospital	Hospital	Total
Elements	1	2	3	4	5	6	7	
Number of months using buprenorphine protocol	14	13	12	12	11	9	1	
Number of candidates identified in ED	79	32	31	18	182	72	4	418
Number of patients receiving buprenorphine & referred to treatment	17	18	16	16	160	53	2	282
Number of patients who entered outpatient treatment	9 (52.9%)	10 (55.6%)	10 (62.5%)	8 (505)	92 (57.5%)	46 (86.8%)	2 (100%)	177 (62.8%)

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CENTRAL NY HEALTH

#### Syracuse doctor puts ER on front line of opioid epidemic

Updated Sep 26, 2017; Posted Sep 26, 2017



Frank Panico, left, a recovering heroin addict, and Dr. Ross Sullivan outside Upstate University Hospital's emergency room. (James T. Mulder)



#### By James T. Mulder, jmulder@syracuse.com, syracuse.com

SYRACUSE, N.Y. - Dr. Ross Sullivan used to tell heroin and painkiller overdose patients in Upstate University Hospital's emergency room to stop using drugs and go to local addiction treatment programs for help.



LATEST ENEWSPAPER CG FUND SPORTS OBITS ADVERTISING POPULAR BEST REVIEWS

#### Expanding buprenorphine access is a key step in Baltimore's long struggle against addiction



vear-old initiative. The Public Safety Compact, that has helpe reds of people leave Marviand prisons early and enter drug treatment is set to end this weekend. (Karl Merton Ferron, Baltimore Sun video

SEPTEMBER 21 2017 11-48 AM

s the scourge of addiction continues to claim hundreds of lives in Baltimore City, A sthe scourge of addiction continues to came harden and the scourge of addiction that health officials are racing to expand access to buppenorphine, a medication that blocks addicts' craving for heroin and other opioids. There's no silver bullet to solve the

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#### The New Hork Eimes

HEALTH THE TREATMENT GAP

This E.R. Treats Opioid Addiction on Demand. That's Very Rare.

G 🖸 🖸



Dr. Andrew Herring of Highland Hospital in Oakland, Calif., left, gave a dose of buprenorphine, a drug that eases the symptoms of opioid withdrawal, to a homeless man who collected cans to pay for bus fare to get to the hospital. Brian L. Frank for The New York Time

#### By Abby Goodnough

Aug. 18, 2018



Suboxone in ER your debt. G



In a new initiative to help people overcome opioid addiction, Mid Coast Hospital in Brunswick is the first hospital in Maine to begin prescribing Suboxone in its emergency department.

About Mid Coast Hospital Mid Coast Hospital is a full-service, 93-bed, independent, not-for-profit hospital governed by a community

#### In a new initiative to help people overcome opioid addiction, Mid Coast Hospital in Brunswick is the first hospital in Maine to begin prescribing Suboxone in its

**MGH Becomes 1st Mass. ER To Offer Addiction Medication, Maps Seamless Path To Recovery** 

\*





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### Hospital-based safe consumption site to open in Edmonton next week



#### Facility at Royal Alexandra designed to help inpatients who use drugs

CBC News · Posted: Mar 27, 2018 1:14 PM MT | Last Updated: March 27



A safe consumption site will open Monday for inpatients at Edmonton's Royal Alexandra Hospital. (Emilio Avalos/CBC)

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Levels of Care for Rhode Island Emergency Departments and Hospitals for Treating Overdose and Opioid Use Disorder









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#### **Hospital Levels of Care**

On April 30, Mayor Catherine E. Pugh and Health Commissioner Dr. Leana Wen joined the leadership of Baltimore City's 11 acute-care hospitals to launch the Levels of Care for Baltimore City Hospitals Responding to the Opioid Epidemic. Now open for public comment.











### Academic Medicine's Response to

### THE OPIOID EPIDEMIC

Through their missions of education, research, and clinical care, medical schools and teaching hospitals are actively responding to this public health crisis and preparing the next generation of health care professionals to address the epidemic.

#### Integrating Content Throughout Medical Education

Each medical school tailors its curriculum within the framework required by the Liaison Committee on Medical Education (LCME), the accrediting body for medical education programs. This dynamic structure ensures consistent baseline standards among all medical schools, while allowing programs to adapt education to the individual needs of the communities and the populations the schools serve. Medical school faculty introduce substance abuse or pain management subjects in preclinical coursework, then reinforce content through multiple instructional methods as students advance through medical school. According to the LCME's 2015–2016 Annual Medical School Questionnaire:

» 139 of 142 medical schools with students enrolled reported that content on "substance abuse" was included in a required course, with 140 teaching the content in pre-clerkship courses and 132 teaching it in one or more required clerkships







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