

# WAYS HEALTHCARE PROVIDERS CAN PREVENT OVERDOSE

6 SIMPLE STEPS FOR LIFESAVING IMPACT

## STEP 1

### Ask about overdose

Experiencing previous overdose is the greatest risk factor for subsequent overdose.<sup>1,2</sup>

## STEP 2

### Get waived & prescribe buprenorphine

Individuals on MOUD have a lower risk of overdose and overdose-related mortality.<sup>3</sup>

## STEP 3

### Prescribe naloxone with every encounter

High coverage of naloxone is associated with a reduction in overdose.<sup>4</sup>

## STEP 4

### Watch for abstinence

Recent release from abstinence-based treatment or incarceration are associated with increased rates of overdose mortality.<sup>5</sup>

## STEP 5

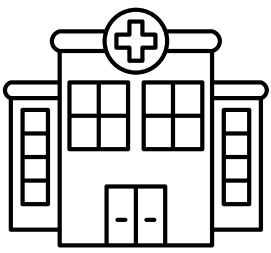
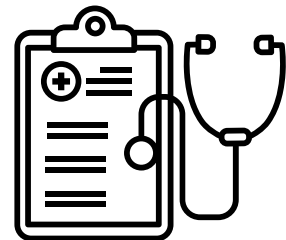
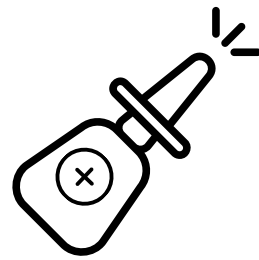
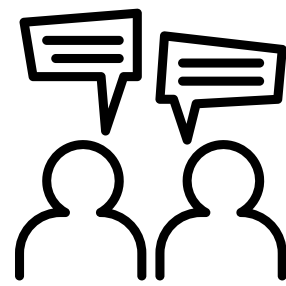
### Screen for polysubstance use & avoid benzodiazepines

Polysubstance use, especially benzodiazepines, are associated with increased rates of overdose mortality.<sup>6</sup>

## STEP 6

### Get educated on overdose prevention sites

Overdose prevention sites have been associated with reduction in overdose mortality.<sup>7</sup>



**READY TO TAKE ACTION?**

**Our team of addiction medicine experts are here to help.**

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